

## 2. Baseball Magic: Ritual, Taboo and Fetish

by George J. Gmelch

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*The anthropologist Bronislaw Malinowski lived among and studied the people who had long lived on islands in the south Pacific Ocean. He observed something intriguing about their behavior when they went fishing.*

*If the people went fishing in the dangerous, turbulent, shark-infested waters beyond the coral reef, they performed specific rituals to invoke magical powers for their safety and protection. But if the people went fishing in the calm waters of a lagoon, they treated the fishing trip as an ordinary event and performed no rituals or ceremonies. Why did they use magic in one situation but not the other?*

*Malinowski concluded that humans are more likely to turn to magical or occult powers when they face situations where the outcome is important and uncertain, beyond their control (as with sharks). Magic was used for situations when chance or luck matter a great deal.*

*Belief in magic is common in a modern industrial societies like the United States: for example the belief in a lucky rabbit's foot, lucky number, and other good luck charms.*

*Magic is similar to and overlaps with religion, but they are different. Both magic and religion involve beliefs and practices about powerful, invisible supernatural forces. Religion worships, honors or seeks to please the God, Gods, or other supernatural forces. Magic doesn't worship or honor supernatural forces, its merely uses them – for example, to avoid sharks and death, to make money when gambling, or to get good grades.*

*In this classic article, George Gmelch takes Malinowski's hypothesis that magic is most likely to be used in important situations that are unpredictable – where chance or uncertainty are part of the condition – and applies the hypothesis to a surprising context: American professional baseball. And the author himself was a professional baseball player.*

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*"We find magic wherever the elements of chance and accident, and the emotional play between hope and fear, have a wide and extensive range. We do not find magic wherever the pursuit is certain, reliable, and well under the control of rational methods."*

– Bronislaw Malinowski

Professional baseball is a nearly perfect arena in which to test Malinowski's hypothesis about magic. The great anthropologist was not, of course, talking about sleight of hand but of rituals, taboos and fetishes that people resort to when they want to ensure that things go their own way. Baseball is rife with this sort of magic, but, as we shall see, the players use it in some aspects of the game far more than in others.

Everyone knows that there are three essentials of baseball -- hitting, pitching and fielding. The first two, hitting and pitching, involve a high degree of chance. The pitcher is the player least able to control the outcome of his own efforts. His best pitch may be hit for a blooper single while his worst pitch may be hit directly to one of his fielders for an out. He may limit the opposition to a single hit and lose, or he may give up a dozen hits and win. It is not uncommon for pitchers to perform well and lose, and vice versa. The opposite is equally true: some pitchers play poorly, giving up many runs, yet win many games. In brief, the pitcher, regardless of how well he performs, is dependent upon the proficiency of his teammates, the inefficiency of the opposition, and luck.

Hitting, too, is a chancy affair. Obviously, skill is required in hitting the ball hard and on a line. Once the ball is hit, however, chance plays a large role in determining where it will go, into a waiting glove or whistling past a falling stab.

With respect to fielding, the player has almost complete control over the outcome. The average fielding percentage or success rate of .975, compared to a .245 success rate for hitters (the average batting average), shows the degree of certainty in fielding. Next to the pitcher or hitter, the fielder has little to worry about when he knows that better than 9.7 times in ten he will execute his task flawlessly.

If Malinowski's hypothesis is correct, we should find magic associated with hitting and pitching, but none with fielding. Let us take the evidence by category -- by *ritual*, *taboo* and *fetish*.

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## Ritual

After each pitch, ex-major leaguer Lou Skeins used to reach into his back pocket to touch a crucifix, straighten his cap and clutch his genitals. Detroit Tiger infielder Tim Maring wore the same clothes and put them on exactly in the same order each day during a batting streak. Baseball rituals are almost infinitely various. After all, the ballplayer can

ritualize any activity he considers necessary for a successful performance, from the type of cereal he eats in the morning to the streets he drives home on.

Usually, rituals grow out of exceptionally good performances. When the player does well he cannot really attribute his success to skill alone. He plays with the same amount of skill one night when he gets four hits as the next night when he goes hitless. Through magic, such as ritual, the player seeks greater control over his performance, actually control over the elements of chance.

The player, knowing that his ability is fairly constant, attributes the inconsistencies in his performance to some form of behavior or a particular food that he ate. When a player gets four hits in a game, especially "cheap" hits, he often believes that there must have been something he did, in addition to his ability, that shifted luck to his side. If he can attribute his good fortune to the glass of iced tea he drank before the game or the new shirt he wore to the ballpark, then by repeating the same behavior the following day he can hope to achieve similar results. (One expression of this belief is the myth that eating certain foods will give the ball "eyes," that is, a ball that seeks the gaps between fielders.) In hopes of maintaining a batting streak, I once ate fried chicken every day at 4:00 P.M., kept my eyes closed during the national anthem, and changed sweat shirts at the end of the fourth inning each night for seven consecutive nights until the streak ended.

Fred Caviglia, a minor league pitcher, explained why he eats certain foods before each game: "Everything you do is important to winning. I never forget what I eat the day of a game or what I wear. If I pitch well and win I'll do it all exactly the same the next day I pitch. You'd be crazy not to. You just can't ever tell what's going to make the difference between winning and losing."

Rituals associated with hitting vary considerably in complexity from one player to the next, but they have several components in common. One of the most popular is tagging a particular base when leaving and returning to the dugout each inning. Tagging second base on the way to the dugout is habitual with some players. One informant reported that during a successful month of the season he stepped on third base on his way to the dugout after the third, sixth and ninth innings of each game. Asked if he ever purposely failed to step on the bag he replied, "Never! I wouldn't dare, it would destroy my confidence to hit." It is not uncommon for a hitter who is playing poorly to try different combinations of tagging and not tagging particular bases in an attempt to find a successful combination. Other components of a hitter's ritual may include tapping the plate with his bat a precise number of times or taking a precise number of warm up swings with the leaded bat.

One informant described a variation in which he gambled for a certain hit by tapping the plate a fixed number of times. He touched the plate once with his bat for each base desired: one tap for a single, two for a double and so on. He even built in odds that prevented him from asking for a home run each time. The odds of hitting a single with one tap were one in three, but the chances of hitting a home run with four taps were one in 12.

Clothing is often considered crucial to both hitters and pitchers. They may have several athletic supporters and a number of sweat shirts with ritual significance. Nearly all players wear the same uniform and undergarments each day when playing well, and some even wear the same street clothes. During a 16-game winning streak, one New York team wore the same clothes in each game and refused to let them be cleaned for fear that their good fortune might be washed away with the dirt. The route taken to and from the stadium can also have significance; some players drive the same streets to the ballpark during a hitting streak and try different routes during slumps.

Because pitchers only play about once every four days, the rituals they practice are often more complex than the hitters', and most of it, such as tugging their hat between pitches, touching the rosin bag after each bad pitch, or smoothing the dirt on the mound before each new batter, takes place on the field. Many baseball fans have observed this behavior never realizing that it may be as important to the pitcher as throwing the ball.

Dennis Grossini, former Detroit pitcher, practiced the following ritual on each pitching day for the first three months of a winning season. First, he arose from bed at exactly 10:00 A.M. and not a minute earlier or later. At 1:00 P.M. he went to the nearest restaurant for two glasses of iced tea and a tuna fish sandwich. Although the afternoon was free, he observed a number of taboos such as no movies, no reading, and no candy. In the clubhouse he changed into the sweat shirt and jock he wore during his last winning game, and one hour before the game he chewed a wad of Beechnut chewing tobacco. During the game he touched the team name on his uniform after each pitch and straightened his hat after each ball. Before the start of each inning he replaced the pitcher's rosin bag next to the spot where it was the inning before. And after every inning in which he gave up a run, he went to the clubhouse to wash his hands. I asked him which part of the ritual was most important. He responded: "You can't really tell what's most important so it all becomes important. I'd be afraid to change anything. As long as I'm winning I do everything the same. Even when I can't wash my hands [this would occur when he must bat] it scares me going back to the mound.... I don't feel quite right."

One ritual, unlike those already mentioned, is practiced to improve the power of the baseball bat. It involves sanding the bat until all the varnish is removed, a process requiring several hours of labor, then rubbing rosin into the grain of the bat before finally heating it over a flame. This ritual treatment supposedly increases the distance the ball travels after being struck. Although some North Americans prepare their bats in this fashion it is more popular among Latin Americans. One informant admitted that he was not certain of the effectiveness of the treatment. But, he added, "There may not be a God, but I go to church just the same."

Despite the wide assortment of rituals associated with pitching and batting, I never observed any ritual related to fielding. In all my 20 interviews only one player, a shortstop with acute fielding problems, reported any ritual even remotely connected to fielding.

## Taboo

Mentioning that a no-hitter is in progress and crossing baseball bats are the two most widely observed taboos. It is believed that if the pitcher hears the words "no-hitter" his spell will be broken and the no-hitter lost. As for the crossing of bats, that is sure to bring bad luck; batters are therefore extremely careful not to drop their bats on top of another. Some players elaborate this taboo even further. On one occasion a teammate became quite upset when another player tossed a bat from the batting cage and it came to rest on top of his. Later he explained that the top bat would steal hits from the lower one. For him bats contain a finite number of hits, a kind of baseball "image of limited good." Honus Wagner, a member of baseball's Hall of Fame, believed that each bat was good for only 100 hits and no more. Regardless of the quality of the bat he would discard it after its 100th hit.

Besides observing the traditional taboos just mentioned, players also observe certain personal prohibitions. Personal taboos grow out of exceptionally poor performances, which a player often attributes to some particular behavior or food. During my first season of professional baseball I once ate pancakes before a game in which I struck out four times. Several weeks later I had a repeat performance, again after eating pancakes. The result was a pancake taboo in which from that day on I never ate pancakes during the season. Another personal taboo, born out of similar circumstances, was against holding a baseball during the national anthem.

Taboos are also of many kinds. One athlete was careful never to step on the chalk foul lines or the chalk lines of the batter's box. Another would never put on his cap until the game started and would not wear it at all on the days he did not pitch. Another had a movie taboo in which he refused to watch a movie the day of a game. Often certain uniform numbers became taboo. If a player has a poor spring training or a bad year, he may refuse to wear the same uniform number again. I would not wear double numbers, especially 44 and 22. On several occasions, teammates who were playing poorly requested a change of uniform during the middle of the season. Some players consider it so important that they will wear the wrong size uniform just to avoid a certain number or to obtain a good number.

Again, with respect to fielding, I never saw or heard of any taboos being observed, though of course there were some taboos, like the uniform numbers, that were concerned with overall performance and so included fielding.

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## Fetishes (good luck charms)

These are standard equipment for many baseball players. They include a wide assortment of objects: horsehide covers of old baseballs, coins, bobby pins, protective cups, crucifixes and old bats. Ordinary objects are given this power in a fashion similar to

the formation of taboos and rituals. The player during an exceptionally hot batting or pitching streak, especially one in which he has "gotten all the breaks," credits some unusual object, often a new possession, for his good fortune. For example, a player in a slump might find a coin or an odd stone just before he begins a hitting streak. Attributing the improvement in his performance to the new object, it becomes a fetish, embodied with supernatural power. While playing for Spokane, Dodger pitcher Alan Foster forgot his baseball shoes on a road trip and borrowed a pair from a teammate to pitch. That night he pitched a no-hitter and later, needless to say, bought the shoes from his teammate. They became his most prized possession.

Fetishes are taken so seriously by some players that their teammates will not touch them out of fear of offending the owner. I once saw a fight caused by the desecration of a fetish. Before the game, one player stole the fetish, a horsehide baseball cover, out of a teammate's back pocket. The prankster did not return the fetish until after the game, in which the owner of the fetish went hitless, breaking a batting streak. The owner, blaming his inability to hit on the loss of the fetish, lashed out at the thief when the latter tried to return it.

Rube Waddel, an old-time Philadelphia Athletic pitching great, had a hairpin fetish. However, the hairpin he possessed was only powerful as long as he won. Once he lost a game he would look for another hairpin, which had to be found on the street, and he would not pitch until he found another.

The use of fetishes follows the same pattern as ritual and taboo in that they are connected only with hitting or pitching. In nearly all cases the player expressed a specific purpose for carrying a fetish, but never did a player perceive his fetish as having any effect on his fielding.

I have said enough to show that many of the beliefs and practices of professional baseball players are magical. Any empirical connection between the ritual, taboo and fetishes and the desired event is quite absent.

Indeed, in several instances the relationship between the cause and effect, such as eating tuna fish sandwiches to win a ball game, is even more remote than is characteristic of primitive magic. Note, however, that unlike many forms of primitive magic, baseball magic is usually performed to achieve one's own end and not to block someone else's. Hitters do not tap their bats on the plate to hex the pitcher, but to improve their own performance.

Finally, it should be plain that nearly all the magical practices that I participated in, observed or elicited, support Malinowski's hypothesis that magic appears in situations of chance and uncertainty. The large amount of uncertainty in pitching and hitting best explains the elaborate magical practices used for these activities. Conversely, the high success rate in fielding, .975, involving much less uncertainty, offers the best explanation for the absence of magic in this realm.

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## QUESTIONS

- Usually baseball players good luck practices are not talked about as "taboos" festishes" and "ritual." What are they usually called? Does the author use that term at all, and if not why not?
- Think of some "magical" objects and rituals that are in use in American society. Think about magical beliefs ("superstitions) that you heard in your family growing up. Come to class prepared to mention one or more.
- Is the use by Americans of horse shoes, rabbits' feet, numerology, and good luck charms, any different from the magical practices of people in traditional, pre-industrial or tribal societies?
- How wide spread is belief in such phenomena as astrology, good luck, ghosts, superstition, fortune-telling, tarot-card reading, séances, palmistry, and the like?

Lets talk about all this in class.